

1Key stage	Year group	Curriculum	Statutory guidance core theme	Pupils should know...	Learning objective	Learning outcomes	Key questions	Key words	Resources
KS1	YR 2	Relationships Education/ Health Education	Online relationships/ Internet safety and harms	That sometimes people behave differently online, including by pretending to be someone they are not. Why social media, some computer games and online gaming, for example, are age restricted.	Pupils understand that people online may try to manipulate others, how this can make someone feel and how to identify and approach adults who can help.	I can identify what personal information is and the importance of not sharing this. I can recognise different feelings I might encounter online and how my body might tell me something 'doesn't feel right'.	What online games do you know about? Can you meet other people on the games? Do you always know who they are and if they are nice people or not?	Online games; Personal information	Thinkuknow.com Watch the videos of Jessie online. Twinkl: buddy's online safety story/song. To be mostly covered in ICT (NOT in RSHE Lesson) Can spend 1 lesson re capping this and checking children's knowledge. Do this around internet safety day (usually February)
KS1	YR 2 Autumn1	Relationships Education	Families and people who care for me	That others' families, either in school or in the wider world, sometimes look different from their family but that they should respect those differences and know that other children's families are also characterised by love and care.	Pupils can identify the ways in which people and families are unique, understanding there has never been and will never be another of them.	I know that I am uniquely special. I know that there are lots of different types of families I understand that there are many different types of positive love.	What is the best thing about being a part of your family? In what ways are our families different and special?	Different; Special; Unique; Love; Care	Lesson plan: RSE Solution YR2, Lesson 4 3 lessons

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KS1	YR 2 Autumn 1	Relationships Education	Caring friendships	How to recognise who to trust and who not to trust, how to judge when a friendship is making them feel unhappy or uncomfortable, managing conflict, how to manage these situations and how to seek help or advice from others, if needed.	Pupils know the difference between secrets and surprises and the importance of not keeping a secret that makes them feel uncomfortable, worried or afraid.	I know what a secret is. I know what a surprise is. I can tell someone if I am asked to keep something a secret that makes me feel uncomfortable, worried or afraid.	Are surprises usually nice or fun? How does it feel if someone plans a surprise for you? Are secrets nice or fun? How does it feel if someone asks you to keep a secret?	Secret; Surprised; Excited; Worried	Lesson plan: RSE Solution YR 2, Lesson 6. 3 Lessons
KS1	YR 2 Autumn 2	Relationships Education	Respectful relationships	The importance of self-respect and how this links to their own happiness.	Pupils can recognise and celebrate their strengths and achievements, setting simple but challenging goals.	I have considered my self-esteem. I can recognise and celebrate my strengths. I have set a goal for myself.	Can you describe a time you have felt proud of yourself? Is that feeling stronger when you have worked harder for it?	Self-esteem; Self-respect	Lesson plan: RSE Solution YR2, Lesson 1 3 Lessons
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KS1	YR 2 Autumn 2	Relationships Education	Being safe	That each person's body belongs to them. The differences between appropriate and inappropriate or unsafe physical and other contact.	Pupils can judge what kind of physical contact is acceptable, comfortable or uncomfortable and how to respond.	I know that there are different types of touch. I understand that people need different types of space. I understand that some touches are unsafe and know how to respond to these.	What different types of touch can you think of? Are all types of touch OK? How do you know if someone is OK with how you touch them? How can you tell someone if you are not OK with how they touch you?	Touch; comfortable; uncomfortable; privacy; personal space	Lesson plan: RSE Solution. YR 2, Lesson 5 3 Lessons NSPCC Pantosaurus. Inform parents we are covering this and send link to website.
KS1	YR2 Spring 1	Health Education	My Body		Pupils can recognise how they grow and will change as they become older.	I know how a baby grows. I know how I have grown and changed. I know how I might change as I grow older.	What things can a new-born baby do? What things can you do now that you could not do when you were born? What things are you looking forward to being able to do when you are older?	New-born; Developing; Growing	Lesson plan: RSE Solution. YR 2, Lesson 2. 3 Lessons

KS1	YR 2 Spring 1	Health Education	Health and prevention	About personal hygiene and germs including bacteria and viruses, how they are spread and treated, and the importance of handwashing. How to recognise early signs of physical illness, such as weight loss or unexplained changes to the body.	Pupils understand that some bacteria are spread and that they have the right to be protected from illness and a responsibility to protect others.	I know some ways that bacteria are spread. I know some ways I can protect myself and others from illness.	Have you ever been unwell after being near someone who was also unwell? How long were you unwell for? Did you miss out on anything nice because you were unwell? How did you feel about this?	Disease; Bacteria; Infectious	Lesson plan: RSE Solution YR 1, Lesson 5 3 Lessons
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KS1	YR 2 Summer 1	Health Education	Mental wellbeing	That bullying (including cyberbullying) has a negative and often lasting impact on mental wellbeing.	Pupils can recognise different types of teasing and bullying and understand that these are wrong and unacceptable.	I know what bullying is. I have considered how bullying can make someone feel. I know what to do if I am bullied or see someone else being bullied.	How might someone feel if someone is unkind to them? How might someone feel if someone is, or lots of people are, unkind to them lots of times? What is bullying? What types of bullying are there?	Bullying; Power imbalance; Repetitive; Purpose.	Lesson plan: RSE Solution YR 2, Lesson 3 3 Lessons
KS1	YR2 Summer 1	Health Education	Healthy eating	What constitutes a healthy diet (including understanding calories and other nutritional content).	Pupils know that different food and drink contains varying amounts of sugar, fat and salt, explaining why it is important to make healthier choices.	I know that some food and drink is healthy for my body. I can use data to work out healthy choices. I can explain why it is important to make healthy choices.	What is your favourite food? Are you sometimes asked to eat something that isn't your favourite food? Why is it important to eat foods that are healthy for the body?	Sugar; Saturated fat	Campaignresources.phe.gov.uk Food Detectives. Design a lunchbox with foods that represent a balanced diet. Twinkl: Healthy Eating PowerPoint. BBC Teach short video on Healthy eating. 2 lessons
KS1	YR 2	Health Education	Basic first aid	How to make a clear and efficient call to emergency services if necessary.	Pupils can identify an emergency situation where someone needs help quickly.	I can recognise when to get adult help. I know how to call 999 and what to say to the operator.	What is an 'emergency situation'? Why is it important to get adult help? Why does it help to stay as calm as possible in an emergency?	Risk; Safe; Emergency services	Invite a first aider into school Either a parent or St Johns Ambulance. Use St Johns online resources. Ensure children know who to call For help.

As this is a new curriculum, we have left Summer 2 empty so, we can have flexibility to add in topics as needed throughout the school year and still be able to cover what we aim as above.