

Key stage	Year group	Curriculum	Statutory guidance core theme	Pupils should know...	Learning objective	Learning outcomes	Key questions	Key words	Resources
EYFS	YR R Autumn1	Relationships Education	<b>Families and people who care for me</b>	An introduction to families and people who care for me	Pupils understand that 'family' means different things to different people.	I can recognise the people I think of as part of my family.	What is a family? Who is in your family? How are our families similar/different?	Family; Similar; Different	Twinkl PowerPoint-all types of family. A book about 'family'. Draw who is in your family. <b>1 lesson</b>
EYFS	YR R Autumn1	Relationships Education	<b>Caring friendships</b>	How important friendships are in making us feel happy and secure, and how people choose and make friends.	Pupils understand that there are similarities and differences between everyone and can celebrate this.	I know that there are some ways that people can be the same as each other. I know that there are some ways that people can be different from each other. I feel confident to be myself.	Do boys and girls like playing with the same toys? Why do you think different people like different colours? What would it be like if we were all the same? Why is it good that we like different things?	Different; Same; Similar	<b>Lesson plan:</b> RSE Solution YR R, Lesson 3 <b>3 lessons</b>
EYFS	YR R Autumn1	Relationships Education	<b>Respectful relationships</b>	The importance of permission-seeking and giving in relationships with friends, peers and adults.	Pupils can recognise what they like and dislike, feeling empowered to make respectful and informed choices.	I can make choices based on what I like and dislike. I have considered how to make a difficult choice, listening to other people's opinions.	How do you know if you like something? How do you know if you dislike something? Are there times when it is important to do the right thing even if it is not what you want to do?	Like Dislike; Difficult	<b>Lesson plan:</b> RSE Solution YR R, Lesson 4 <b>3 lessons</b>
EYFS	YR R Autumn 2	Relationships Education; Health Education	<b>Online relationships; Internet safety and harms</b>	An introduction to online safety. Where and how to report concerns and get support with issues online.	Pupils understand what being online may look like, the different feelings they can experience online and how to identify adults who can help.	I can explain how something online might make someone feel worried or sad. I can recognise different feelings. I can identify up to four adults in my life who can help me if I have a problem online.	What might someone of your age like to watch online? What might they watch it on? What can you do if you are upset or scared by something you see online?	Online, Worried; Scared	Thinkuknow.com The video about Jessie.  Twinkl. EYFS staying safe on the internet PowerPoint for discussion.  Discuss what devices we use to go online. What do you do online?  Who to ask for help if something is not right? <b>2 lessons</b>
KS1	YR R Autumn 2	Relationships Education	<b>Being safe</b>	What sorts of boundaries are appropriate in friendships with peers and others (including in a digital context)	Pupils understand the concept of privacy, including the right to keep things private and the importance of respecting another person's right to privacy.	I know what 'private' means. I know that somethings are done in private. I know that other people need to be private sometimes.	Is it important to allow someone to be private sometimes? Why is it important not to do something when someone asks you to stop? Why is it important to cover some parts of our body with underwear?	Private; Public; Safe	<b>Lesson plan:</b> RSE Solution YR R, Lesson 5 <b>3 lessons</b>  <b>Nspcc pantosaurs video and book. Send letter to parents to inform we will be watching, also send them a link to access to</b>

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EYFS	YR R Spring 1	My Body	<b>My Body</b>	An introduction to my body	Pupils can correctly position body parts.	I know what some parts of my body are called.I know what some parts of my body do.	Do most people's bodies have the same parts in the same places?Are all bodies the same shape and size?Do some people need help to make their bodies work better?	Body	Sing head, shoulders knees and toes.  Draw around 2 children and use pre made labels to name body parts.  <b>1 lesson</b>
EYFS	YR R Spring 1	Health Education	<b>Mental Wellbeing</b>	How to recognise and talk about their emotions, including having a varied vocabulary of words to use when talking about their own and others' feelings.	Pupils can identify a range of feelings and how these are expressed, including words to describe them and simple strategies for managing feelings.	I can identify comfortable and uncomfortable feelings. I can describe my feelings to another person. I can manage uncomfortable feelings.	What is a feeling? Do all feelings feel nice? What can you do when a feeling doesn't feel nice?	Feelings; Comfortable; Uncomfortable	<b>Lesson plan:</b> RSE Solution YR R, Lesson 1  <b>3 lessons</b>  Use the worry monster story book and introduce A worry monster if beneficial.
EYFS	YR R Spring 1	Health Education	<b>Healthy Eating</b>	The characteristics of a poor diet and risks associated with unhealthy eating (including for example, obesity and tooth decay) and other behaviours (e.g., the impact of alcohol on diet or health).	Pupils know that different food and drink contains varying amounts of sugar, explaining why it is important to make healthier choices.	I know that some food and drink is healthy for my body. I can compare quantities of sugar. I can identify healthy choices.	What is your favourite food? Are you sometimes asked to eat something that isn't your favourite food? Why is it important to eat foods that are healthy for the body?	Sugar; obesity; tooth decay	<b>Twinkl: all about healthy eating</b> <b>Sort a range of foods into 2 categories, healthy and unhealthy</b>  <b>Twinkl- all about healthy teeth</b> <b>cover oral health, plan teeth cleaning activities.</b> <b>3 lessons</b>

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EYFS	YR R Spring 2	Health Education	<b>Health and prevention</b>	About personal hygiene and germs, including bacteria and viruses, how they are spread and treated, and the importance of handwashing.	Pupils know the importance of basic personal hygiene and understand how hand washing helps to prevent the spread of germs, bacteria and viruses.	I can identify ways to keep clean. I know when it is important to wash my hands. I know how to wash my hands.	What things do you use to help keep your body clean? When is it important to wash your hands?	Hygiene; Germs; Bacteria; Viruses	<b>Lesson plan:</b> RSE Solution YR R, Lesson 2	
EYFS	YR R Spring 2	Health Education	<b>Basic first aid</b>	Concepts of basic first aid, for example dealing with common injuries, including head injuries.	Pupils can explain what first aid is and why it is important.	I know that first aid can help me with everyday accidents.	Have you ever been hurt? What happened? Can first aid only be given by adults?	First aid; Accident; Hurt; Illness		
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EYFS	YR R Summer 1 and 2	As this is a new curriculum we have left Summer 1 and 2 so we can have flexibility to add in topics as needed throughout the school year and still be able to cover what we aim as above.								